

# The Good News

#### **FAITH IN ACTION!**

## Introduction

Welcome to our Faith in Action group's monthly newsletter!
Our Faith in Action groups gather together with the aim of putting our Faith into Action by helping others, protecting our environment and much more!



Photograph from our Little Lent Walk to raise money for CAFOD - Attended by members of the Faith in Action Groups, our Parish and Cytûn, Churches Together.
Well done everyone!!



#### Last Month

During April we celebrated Holy Week and Easter. Despite having no clubs during the school holidays, we gathered for several events together; raising money for CAFOD and starting work on our Project Garden.



# **Our Groups**

Our Junior Group is an after school club, on a Thursday, for students of St Mary's School in Years 4, 5 & 6.

Our Senior Group is available to Year 7 + students and meets on a Thursday at 4.15pm in St Mary's Church Hall - Join us!

# Junior Group

In our during Lent we learnt about what Lent means and discussed what it means to us. We spoke about Lenten promises and almsgiving; deciding that as part of our almsgiving we would nurture, protect and give back to our environment.

We got our hands dirty making 'Seed Bombs' of wildflower seeds to gift to our family and friends, keeping some back for spreading in our Project Garden.

We also looked at (and tasted - very yummy!) Fairtrade products, learning where our food comes from and the work that goes into our food.







# Senior Group

As always our Senior group sessions started with preparing food together; we tried new foods from Trinidad during our Mardi Gras / Ash Wednesday celebration.

During Lent we discussed Lenten promises and made some promises to improve ourselves. From reading to socialising more, understanding others opinions and controlling our anger. To increase our confidence in ourselves and help towards our promises, we did sessions on affirmations and encouraging each other.

We have also been working hard on preparing our Project Garden for planting; this we could not have done without the incredible guidance and support of Gareth!

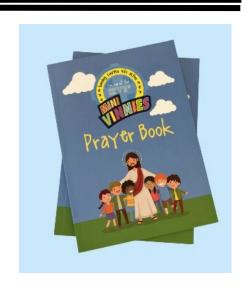


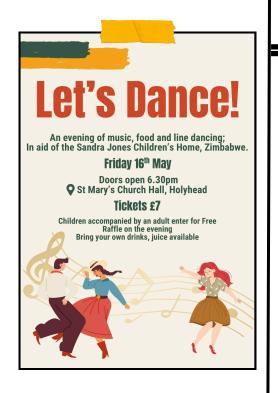
## This Month...

# Junior Group

This month we will start off by embracing our late Pope, Francis' highlight on the importance of prayer. Using multiple resources, we aim to come up with our own prayer to replace our Faith in Action prayer that we say at the start of each session.

We know that looking after our environment is important, and as the weather gets warmer, we will be more active in looking after our church and school grounds; litter picking, weeding and helping to prepare our Project Garden.





## Senior Group

Our senior group have already started working on creating decorations for the upcoming Line Dancing event in aid of the Sandra Jones Children Home in Zimbabwe. We will continue to learn about the needs of others and how we can help them. The senior group will be cooking and baking for the event too!

We will also be looking at public speaking and confidence in reading aloud with the help of a special guest.

Continuing our work from over the Holiday's, we will be working on our Project Garden with the hope of growing fruit, vegetables and herbs in the future.

## **Young Adults**

We are looking to expand our Faith in Action family with an availability for a Young Adults Group. Aimed at 16 years + this group would follow the lead of our Junior and Senior groups, going further into depth on current issues and causes close to our hearts. If this sounds like something you'd be interested or know someone who would be interested, please get in touch!



### News from the Pews

#### Friday Morning Mass

Our Friday Morning Mass at St Mary's Church is attended during term time by the children of St Mary's School. The school organises the Mass every third week and in between it is the Faith in Action team. There is always participation from the children, from reading, to offertory procession, to our Alter Servers. Everyone is welcome to attend and we would love your support and encouragement for the children taking part each week.

Image below of art work presented by the children of the school at Mass.

A massive thank you and well done to our Alter Servers from both the school and parish for your continued participation and dedication, especially over Easter.

We also thank Bekah from our Faith in Action team for guiding and teaching our young people in their serving.



If you would like to donate your time, skills or resources to our groups please get in contact! A list of items currently needed for our groups will be made available.