

### Impact of eating less meat...

The Bishops' Conference urges all Catholics to refresh their weekly observance of Friday abstinence by refraining from eating meat on that day. In this way we dedicate to God the pressing need for us all to live more simply. A recent [study at Cambridge University](#) published research suggesting that this penitential act has a considerable impact on lessening carbon emissions by 55,000 tonnes each year. This is equivalent to 82,000 people taking return flights to New York from London. In abstaining from meat on Fridays, we also act in solidarity with those who face hunger and poverty every day, with the care of creation by recognising the environmental impact of meat production and in memory of the death of Christ, by which our broken relationships with each other and with God's creation are healed.

### *News from the Laudato Si Group:*

**On Thursday 3rd October** you are invited to gather as a whole island community for a liturgical celebration.

**This will take place in Llangefni Church at 7.00pm**

In this service, we lament our lack of caring for creation, we cling to our faith and hope, and commit ourselves to act with Creation for the renewal of life.

**All are welcome - Please try to join us.**

In the words of Archbishop Tutu "Hope is being able to see that there is light - despite all the darkness."

As faith without action is dead (James 2:26) - hope without action is meaningless.

### Season of Creation Prayer 2024

Triune God, Creator of all,

We praise you for your goodness, visible in all the diversity that you have created, making us a cosmic family living in a common home.

Through the Earth you created, we experience love and nourishment, home and protection.

We confess that we do not relate to the Earth as a Mothering gift from you, our Creator.

Our selfishness, greed, neglect, and abuse have caused the climate crisis, loss of biodiversity, human suffering as well as the suffering of all our fellow creatures.

We confess that we have failed to listen to the groans of the Earth, the groans of all creatures, and the groans of the Spirit of hope and justice that lives within us.

May your Creator Spirit help us in our weakness, so that we may know the redeeming power of Christ and the hope found in him. May the groans of the Spirit birth in us a willingness to serve you faithfully, so that we may hear and heal Creation, to hope and act together with her, so that the first fruits of hope may blossom.

Loving and Creator God, we pray that you will make us sensitive to these groans and enable us to have the same compassion as that of Jesus, the redeeming Lord.

Grant us a fresh vision of our relationship with Earth, and with one another, as creatures that are made in your image. In the name of the one who came to proclaim the good news to all Creation, Jesus Christ.

Amen.



# SEASON OF CREATION

## TO HOPE AND ACT WITH CREATION

### WEEK 2

### *Hope for the Future*



*OMI Anglesey Centre of Mission*  
**2024**



*The*  
**OBLATES**  
ALWAYS CLOSE to the PEOPLE

## The call to faith communities in Laudato Si'

The environmental crisis calls each of us to a profound interior conversion.

“Christians need an ‘ecological conversion’ where the effects of our encounter with Jesus Christ become evident in our lives and in our relationship with the world around us. Living our vocation to be protectors of God’s handiwork is essential to a life of virtue; it is not an optional or a secondary aspect of our Christian experience.” **(Laudato Si, 217)**

“The ultimate purpose of other creatures is not to be found in us...all creatures are moving forward with us.”  
**(LS 83)**



### Interconnectedness

Environmental issues cannot be separated from social, political, economic and cultural issues. Everything is interconnected.

“St. Francis is the example par excellence...of an Integral ecology lived out joyfully and authentically.... He shows us just how inseparable the bond is between concern for nature, justice for the poor, commitment to society and interior peace.” **(LS, 10)**

### Stewardship or Care?

#### “CARE for Our Common Home”

Taps into something deeper: passion, love.

“This implies a relationship of **mutual responsibility** between human beings and nature. Each community can take from the bounty of the earth whatever it needs for subsistence, but it also has the duty to **protect** the earth and to ensure its fruitfulness for coming generations.” **(LS, 67)**



**“It cannot be emphasised enough how everything is interconnected.” (LS, 138)**

“When we speak of the ‘environment’, what we really mean is a relationship existing between nature and the society which lives in it. Nature cannot be regarded as something separate from ourselves or a mere setting in which we live. We are part of nature, included in it and thus in constant interaction with it.” **(LS, 139).**

**“The one thing we need more than hope is action.**

Once we start to act, hope is everywhere.  
So instead of looking for hope, look for action.  
Then, and only then, hope will come.”  
– Greta Thunberg (TEDxStockholm, 2019)



# LAUDATO SI' MOVEMENT

Catholics for Our Common Home

**“Contemplation is the antidote against misuse of our common home.” Pope Francis (16 Sept 2020)**

Wednesdays at 5pm on zoom – join the Laudato Si' Movement community for online Community Contemplation for 40 mins.

To cultivate that attitude of the heart “which approaches life with serene attentiveness... which accepts each moment as a gift from God to be lived to the full.” (L.S.226)

Once you sign up for one of the meditations you can use the same Zoom link to join any Wednesday.

Just copy the link below into your browser to sign up for the meditations with the Laudato Si' Movement.

**Sign up here:** <https://zoom.us/meeting/register/tJMtumpRt0rGdHHfRVreIRpL9MMsTuZK5Mm>

